

TIP 7 “Shock & Disbelief”

Remember!

Expressing shock and disbelief

It is sometimes difficult to say how you feel in unexpected situations, such as natural disasters, bad news .., especially when you feel sad.

Here's a list of some common expressions to help you express

- shock
- and disbelief.

Shock:

I was	shocked to hear... stunned by... taken aback by...
... came as	a complete shock.
I'm in	



Examples:

- I was shocked to hear the news.
- I was stunned / taken aback by the news
- I was completely taken aback by his behavior.
- I was just stunned by her clothes.
- The news came as a complete shock.
- We're all in complete shock.

Disbelief:

I (just)	can't believe... can't imagine...
It's	unbelievable. incredible.

Examples:

- I just can't believe he won the race.
- It's unbelievable that they got married
- I just can't imagine they were able to get along with each other.